



RULES FOR THE USE OF RECOMMENDATION TECHNOLOGIES

Rules for the application of recommendation technologies

in the mobile application and on the Website <https://evrionta.ru/ru>
(in accordance with Article 10.3 of the Law of the Russian Federation No. 2300-1 of
07.02.1992 "On Consumer Rights Protection" and Resolution of the Government of
the Russian Federation No. 2467 of 16.09.2024)

1. General Provisions

1.1. These Rules govern the procedure for applying recommendation technologies (hereinafter — Recommendation Technologies) as part of the Evrionta service, including the AI assistant, which generates personalized protocols for the use of nutraceuticals and dietary supplements based on data provided by the User.

1.2. Recommendation Technologies represent a combination of software and hardware tools and algorithms that analyze the data entered by the User and provide personalized recommendations.

2. How the Evrionta Recommendation Technologies Work

2.1. The Recommendation Technology operates as follows:

- The User voluntarily fills out a health questionnaire (complaints, conditions, lifestyle, goals) and/or uploads laboratory test results.
- The AI assistant analyzes the entered data and matches it against a database of scientific protocols (structured nutraceutical intake schemes).
- The system generates a personalized protocol — a list of Evrionta products specifying dosage, frequency, and timing of intake.
- The protocol is displayed in the User's personal account.

2.2. Recommendations are updated automatically when the source data changes (new questionnaire, updated test results).

3. Limitations and Warnings (mandatory reading)

3.1. LLC "Toscana Food" is not a medical organization. LLC "Toscana Food" does not hold a license to conduct medical activities, does not make diagnoses, and does not prescribe treatment.

3.2. All recommendations generated using the Recommendation Technologies are based on data entered by the User themselves and are informational and reference in nature. They do not replace professional medical consultation, in-person diagnostics, or treatment.

3.3. Before starting the use of any products recommended by the protocol, the User is advised to consult a physician, especially in the presence of chronic conditions, during pregnancy or breastfeeding, or when taking medications.

3.4. The Operator is not liable for consequences arising from the use of products based on recommendations issued by the AI assistant if the User did not consult a physician or withheld significant information about their health.

4. Parameters and Criteria for Generating Recommendations

4.1. The Evrionta Recommendation Technology takes into account the following parameters (as provided by the User):

- age and sex;
- weight and height (body mass index);
- physical activity level;
- sleep and rest patterns;
- presence of chronic conditions (including undisclosed ones);
- laboratory indicators (vitamins, microelements, hormones);
- complaints and goals (e.g., increase energy, improve sleep, reduce weight).

4.2. The system does NOT take into account and does NOT process data that the User has not voluntarily provided.

5. User Rights Regarding Recommendation Technologies

5.1. The User has the right to:

- decline the use of Recommendation Technologies at any time by not completing the health questionnaire (in this case, access to personalized protocols will be restricted);
- delete all previously entered health data through their personal account;
- request an explanation from the Operator regarding the logic of how the Recommendation Technologies work.

6. Operator Liability

6.1. The Operator does not guarantee that the recommendations generated by the Recommendation Technology will result in the achievement of the goals stated by the User, as effectiveness depends on a variety of factors, including individual physiological characteristics, adherence to the recommendations, and the User's diligence.

6.2. The Operator is not liable for harm caused to the User's health as a result of following recommendations without prior consultation with a physician.

7. Changes to the Rules

7.1. The Operator reserves the right to amend these Rules unilaterally. The current version is always available on the Website.